Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran
Forecast valid from 06:00 on Sunday 19 Mar 2023 until 23:59 on Monday 20 Mar 2023

Forecast Issued on Sunday 19 Mar 2023 at 03:35 by Met Office Aberdeen

Confidence: High for Sunday. High for changeable weather early next week with rain at times, and for a return to colder weather midweek. Low for details Wednesday.

Headline for Sunday 19 Mar 2023: Dry and cold for most of the day, rain and snow spreading east later in the afternoon and evening

Mountain weather hazards on Sunday 19 Mar 2023

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
No Likelihood

Severe chill effect
Low Likelihood

Poor visibility
Medium Likelihood

Thunderstorms
No Likelihood

Heavy persistent rain
No Likelihood

Strong sunlight
No Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
FOG					
Fog	Cloudy	Cloudy	Dull	Heavy snow	Heavy snow
Precipitation probability					
10%	<05%	<05%	20%	70%	90%

Forecast for Sunday 19 Mar 2023

Weather: Mainly dry in the morning with some brightness. Cloud thickens from the west in the afternoon with rain, snow above 800m, reaching west coast summits by late afternoon, extending inland in the evening. Snow will turn to rain at all levels through the evening.

Chance of cloud-free hill tops above 800m: 50-60%, falling to nil late afternoon.

Low Cloud and visibility: Good visibility outside of low cloud. Patchy cloud above 600-700m, most frequent near the west coast, at first. Cloud lifting to give occasional patches above 900-1000m by midday. Visibility deteriorating late afternoon and evening in rain, snow and cloud lowering to 500m.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Sunday 19 Mar 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	20/24 N	11/14 N	8/10 W	13/18 SW	18/22 S	17/21 SE	17/21 SE
900	16/20 N	7/9 N	5/8 W	11/14 SW	12/16 S	12/15 SE	13/17 SE
600	14/16 N	6/8 W	5/8 SW	11/15 SW	12/15 S	7/10 S	9/12 SE
300	8/11 NW	3/4 E	4/6 W	7/12 SW	7/10 S	6/10 SE	5/10 E
Glen	5/9 NW	2/4 NW	3/5 SW	8/13 SW	4/10 S	4/9 S	4/10 E

Height (m)	Temperature / Feels Like (°C)						
1300	-3/-11	-4/-10	-3/-8	-3/-9	-3/-10	-3/-9	-2/-8
900	-1/-7	-1/-4	0/-2	1/-4	-0/-5	-1/-5	-0/-6
600	2/-3	1/-2	2/0	3/-1	2/-2	2/-1	2/-1
300	4/0	4/2	5/4	6/3	4/2	4/1	4/2
Glen	5/3	6/5	8/7	8/6	6/5	5/4	5/4
Freezing Level*	700m	700m	700m	800m	800m	900m	1200m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
A return to colder weather on Sunday with low freezing levels. Chance of some icy surfaces falling recent rain. Be prepared for worsening conditions late in the afternoon.

Forecast for Monday 20 Mar 2023
Weather: Overcast in the morning with some light rain or drizzle around, although this falling as snow on the Argyll summits at first. Remaining cloudy into the afternoon and evening with bands of rain extending northeast across all areas.

Maximum wind: Southeasterly 20 mph

Chance of cloud-free hill tops above 800m: Little chance

Low Cloud and visibility: Widely poor visibility with extensive cloud down to 300 to 600 metres. Some breaks possible across southern Lochaber but these are not expected to be reliable.

Temperature: **Glens:** Plus 3 rising to 9 Celsius
At 800m: 6 Celsius, but 0 Celsius in the far north at first
Freezing level: Above summits, but 800 metres in the far north at first

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